November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
11/2 **VEGETARIAN CHILI** Orzo Steamed Carrots Apple	**11/3** **BAKED FISH** Egg Barley California Blend Vegetables Strawberries	**11/4** **TURKEY BURGER** French Fries Salad Pineapple	**11/5** **BEEF STEW** Yellow Rice Steamed Spinach Watermelon	**11/6** **OVEN FRIED CHICKEN** Bake Potato Steamed Broccoli Grapes
11/9 **BAKED FISH** Macaroni Salad Steamed Spinach Pears	**11/10** **VEGAN SANCOCHO** Brown Rice Avocado Salad Apple Sauce	**11/11** **SPAGHETTI W/MEAT SAUCE** Garlic Bread Garden Salad Banana	**11/12** **FRITTATA** Roasted Potatoes Steamed Broccoli Tangerine	**11/13** **SPANISH STYLE BAKED CHICKEN** Noodle Kegel Steamed Spinach Canned Peaches
11/16 **CHILI CON CARNE** Brown Rice Baby Carrots Strawberries	**11/17** **BIRTHDAY LUNCH** **BAKED SALMON** Wide Noodles Roasted String Beans Tangerine	**11/18** **GENERAL TSO'S CHICKEN** Wild Rice Cabbage Banana	**11/19** **VEGGIE BURGER** Baked Fries Garden Salad Orange	**11/20** **BAKED CHICKEN** Baked Sweet Potato California Blend Vegetables Watermelon
11/23 **TUNA CAKES** Orzo Steamed Broccoli Watermelon	**11/24** **THANKSGIVING LUNCHEON** **TURKEY** Baked Sweet Potato Roasted Vegetables Stuffing Apple Pie	**11/25** **VEGETARIAN STUFFED CABBAGE** Brown Rice Steamed Yellow Squash Tangerine	**11/26** **CLOSED FOR THANKSGIVING**	**11/27** **CLOSED FOR THANKSGIVING**
11/30 **HAMBURGER** Sweet Potato Beet Salad Applesauce		**11/22 OPEN SUNDAY** **CAESAR SALAD W/GRILLED CHICKEN** Garlic Bread Oranges	**Kashrut Supervision is by Vaad of Riverdale.**	**Note:** We do our best to plan the menu in advance, but the meal selection may change without notice.