

May Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Kashrut Supervision is by Vaad of Riverdale.</p>	<p>Note: We do our best to plan the menu in advance, but the meal selection may change without notice.</p>			<p>5/1 LEMON CHICKEN Egg Barley with Mushrooms Steamed Green Beans Nectarine</p>
<p>5/4 BAKE FISH Roast Potato Garden Salad Applesauce</p>	<p>5/5 BBQ CHICKEN LEGS Bowtie Pasta with Kasha California Blend Vegetables Pineapple</p>	<p>5/6 CHICKPEA SALAD Garlic Bread Pear</p>	<p>5/7 Mother's and Father's Day Luncheon BEEF RIBS Baked Potato Steamed Carrots Watermelon</p>	<p>5/8 CHICKEN STEW Yellow Rice Garlic Snap Peas Strawberries</p>
<p>5/11 BAKED TURKEY WINGS Sweet Potato Steamed Broccoli Fruit Cocktail</p>	<p>5/12 VEGETARIAN STUFFED PEPPER Brown Rice Roasted Zucchini Orange</p>	<p>5/13 BEEF SALISBURY STEAK Garlic Mashed Potato Green Beans Grapes</p>	<p>5/14 TUNA SALAD SANDWICH Lettuce & Tomato Apple</p>	<p>5/15 CHICKEN MARSALA Penne Yellow Squash Orange</p>
<p>5/18 BEEF STEW Yellow Rice Steamed Spinach Watermelon</p>	<p>5/19 BIRTHDAY LUNCH BAKED SALMON Orzo Roasted String Beans Tangerine</p>	<p>5/20 BLACK BEAN AND SWEET POTATO CHILI Brown Rice Roasted Zucchini Apple</p>	<p>5/21 TURKEY BURGER French Fries Salad Nectarine</p>	<p>5/22 CLOSED FOR SHAVUOT</p>
<p>5/25 CLOSED FOR MEMORIAL DAY</p>	<p>5/26 SPAGHETTI W/MEATBALLS Garlic Bread Garden Salad Pear</p>	<p>5/27 VEGETABLE EGG FRITTATA Garlic & Rosemary Roasted Potatoes Garden Salad Banana</p>	<p>5/28 VEGAN SANCOCHO* Brown Rice Cucumber Dill Salad Apple Sauce</p>	<p>5/29 SPANISH STYLE BAKED CHICKEN Baked Potato Steamed Spinach Watermelon</p>

Sanchocho is a traditional Caribbean stew. Our Chef is modifying the recipe for our weekly plant based meal