

# NEW BEGINNINGS PROGRAMMING: FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>9:00 Stay Well Exercise (H)            9:30 Conversational Spanish for Beginners            10:00 <b>Oil Painting with Daniel Hauben</b>            10:00 Chess Clinic            10:45 Meditation            10:45 Open Chat with Karl            12:30 Mah Jongg (Intermediate)            1:00 <b>Group Workshop w/Nava and Melissa</b>            1:00 Bingo            2:00 Poetry Workshop</p>	<p><b>4 Trip: Anne Frank Exhibition</b></p> <p>9:45 Mah Jongg (Advanced)            10:00 One on One Tech Lab w/Jerry            10:00 Painting Class            10:00 Tai Chi with Steve            10:30 Art Explorations            11:30 Hebrew Short Stories (H)            12:30 Beginners Mah Jongg (Full)            1:00 Knitting with Barbara            1:00 Brain Games/Charades with Marv</p>	<p><b>5</b></p> <p>9:00 Tech Class w/Trinity            10:00 Chair Aerobics w/Stuart            10:00 Ping Pong            10:45 <b>Women's Group w/Lucy</b>            12:30 Mah Jongg (Intermediate)            1:00 Karaoke            1:30 Open Swim            2:00 Chess Clinic</p>	<p><b>6</b></p> <p>9:15 Intermediate Level Spanish            10:00 One on one Tech Lab w/Jerry            10:00 <b>International Movie Music</b>            10:30 Hebrew Reading Course            11:00 <b>Singing with Seniors</b>            11:30 Hebrew Short Stories (H)            1:00 Group Chat w/Carmen            1:00 Chair Yoga w/Tasneem</p>	<p><b>7</b></p> <p>9:00 Stay Well Exercise (H)            10:00 Spanish Language Current Events            10:00 <b>Nutrition Lecture: Heart Monitoring and Food Demo</b>            10:00 Ping Pong            10:45 Meditation            11:00 Current Events with Sharon            12:45 <b>Friday Flicks: The Dressmaker (2015) Rated R</b></p>
<p><b>10</b></p> <p>9:00 Stay Well Exercise (H)            9:30 Conversational Spanish for Beginners            9:30 Jacob's Schmooze (H)            10:00 <b>Oil Painting with Daniel Hauben</b>            10:00 <b>Workshop: Kashrut</b>            10:00 Chess Clinic            10:45 Meditation            10:45 Open Chat with Karl            12:30 Mah Jongg (Intermediate)            1:00 <b>Group Workshop w/Nava and Melissa</b>            1:00 Bingo            2:00 Poetry Workshop</p>	<p><b>11</b></p> <p>9:00 <b>Chair Aerobics w/Stuart</b>            9:45 Mah Jongg (Advanced)            10:00 One on One Tech Lab w/Jerry            10:00 Painting Class            10:00 Tai Chi with Steve            10:30 Art Explorations            11:30 Hebrew Short Stories (H)            12:30 Beginners Mah Jongg (Full)            1:00 Knitting with Barbara            1:00 Brain Games/Charades with Marv</p>	<p><b>12</b></p> <p>9:00 Tech Class w/Trinity            10:00 Chair Aerobics w/Stuart            10:00 Ping Pong            10:00 <b>Workshop: Media Statistics</b>            12:30 Mah Jongg (Intermediate)            1:00 Karaoke            1:30 Open Swim            2:00 Chess Clinic</p>	<p><b>13 Trip: Walmart</b></p> <p>9:15 Intermediate Level Spanish            10:00 One on one Tech Lab w/Jerry            10:30 Hebrew Reading Course            11:30 Hebrew Short Stories (H)            12:45 <b>Tu B'Shvat Seder</b>            1:00 Group Chat w/Carmen            1:00 Chair Yoga w/Tasneem</p>	<p><b>14</b></p> <p>9:00 Stay Well Exercise (H)            10:00 Spanish Language Current Events            10:00 Ping Pong            10:00 <b>Presentation: Traffic Safety</b>            10:45 Meditation            11:00 Current Events with Sharon            12:45 <b>Friday Flicks: Me Before You (2016) Rated PG-13</b></p>
<p><b>17</b></p> <p>9:00 Stay Well Exercise (H)            9:30 Conversational Spanish for Beginners            10:00 Chess Clinic            10:45 Meditation            10:45 Open Chat with Karl            12:30 Mah Jongg (Intermediate)            1:00 <b>Group Workshop w/Nava and Melissa</b>            1:00 Bingo            2:00 Poetry Workshop</p>	<p><b>18 February Birthday Party</b></p> <p>9:45 Mah Jongg (Advanced) (<b>Canceled</b>)            10:00 One on One Tech Lab w/Jerry            10:00 Painting Class            10:00 Tai Chi with Steve            10:30 Art Explorations            11:30 Hebrew Short Stories (H)            12:30 Beginners Mah Jongg (Full) (<b>Canceled</b>)            1:00 Knitting with Barbara            1:00 Brain Games/Charades with Marv            1:15 <b>Entertainment: Mesha</b></p>	<p><b>19 Trip: Trader Joe's and H-Mart</b></p> <p>9:00 Tech Class w/Trinity            10:00 Chair Aerobics w/Stuart            10:00 Ping Pong            10:45 <b>Women's Group w/Lucy</b>            12:30 Mah Jongg (Intermediate)            1:00 Karaoke            1:30 Open Swim            2:00 Chess Clinic</p>	<p><b>20</b></p> <p>9:15 Intermediate Level Spanish            10:00 <b>The NY Citizen Preparedness Training</b>            10:00 One on One Tech Lab w/Jerry            10:30 Hebrew Reading Course            11:30 Hebrew Short Stories (H)            1:00 Group Chat w/Carmen            1:00 Chair Yoga w/Tasneem</p>	<p><b>21</b></p> <p>9:00 Stay Well Exercise (H)            10:00 Spanish Language Current Events            10:00 Ping Pong            10:45 Meditation            11:00 Current Events with Sharon            12:45 <b>Friday Flicks: Death on the Nile (2022) Rated PG-13</b></p>
<p><b>24</b></p> <p>9:00 Stay Well Exercise (H)            9:30 Conversational Spanish for Beginners            9:30 Jacob's Schmooze (H)            10:00 Chess Clinic            10:45 Meditation            10:45 Open Chat with Karl            12:30 Mah Jongg (Intermediate)            1:00 <b>Group Workshop w/Nava and Melissa</b>            1:00 <b>Concert: The Bardekova Ensemble</b>            1:00 Bingo            2:00 Poetry Workshop</p>	<p><b>25</b></p> <p>9:00 <b>Chair Aerobics w/Stuart</b>            9:45 Mah Jongg (Advanced)            10:00 One on One Tech Lab w/Jerry            10:00 Painting Class            10:00 Tai Chi with Steve            10:30 Art Explorations            11:30 Hebrew Short Stories (H)            12:30 Beginners Mah Jongg (Full)            1:00 Knitting with Barbara            1:00 Brain Games/Charades with Marv</p>	<p><b>26</b></p> <p>9:00 Tech Class w/Trinity            10:00 Chair Aerobics w/Stuart            10:00 Ping Pong            12:30 Mah Jongg (Intermediate)            1:00 Karaoke            1:30 Open Swim            1:30 <b>Food Pantry</b>            2:00 Chess Clinic</p>	<p><b>27 Jewelry Sale</b></p> <p>9:15 Intermediate Level Spanish            10:00 One on One Tech Lab w/Jerry            10:30 Hebrew Reading Course            11:00 <b>Singing with Seniors</b>            11:30 Hebrew Short Stories (H)            1:00 <b>Book Club (H-Full)</b>            1:00 Group Chat w/Carmen            1:00 Chair Yoga w/Tasneem</p>	<p><b>28</b></p> <p>9:00 Stay Well Exercise (H)            10:00 Spanish Language Current Events            10:00 Ping Pong            10:00 <b>Nutrition Lecture: Heart Health</b>            10:45 Meditation            11:00 Current Events with Sharon            12:45 <b>Friday Flicks: A Haunting in Venice (2023) Rated PG-13</b></p>

Lunch Daily at 11:45 a.m.

Dining Room Seating Begins at 11:30 a.m.

PLEASE HONOR OUR LAST CALL FOR LUNCH TIME: 12:30 p.m. **KEY: H = Hybrid**