NEW BEGINNINGS PROGRAMMING: DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Stay Well Exercise (H) 9:30 Jacob's Schmooze (H) 9:30 Conversational Spanish for Beginners 10:00 Chess Clinic 10:45 Open Chat with Karl 12:30 Mah Jongg (Intermediate) 1:00 Group Workshop w/Nava and Melissa 1:00 Bingo 2:00 Poetry Workshop	9:00 Chair Aerobics with Stuart 9:45 Mah Jongg (Advanced) 10:00 One on One Tech Lab w/Jerry 10:00 Painting Class 10:00 Tai Chi with Steve 10:30 Art Explorations 11:30 Hebrew Short Stories (H) 12:30 Beginners Mah Jongg (Full) 1:00 Knitting with Barbara 1:00 Brain Games/Charades with Marv	9:00 Tech Class w/Trinity 10:00 Chair Aerobics w/Stuart 10:00 Ping Pong 10:45 Women's Group w/Lucy 12:30 Mah Jongg (Intermediate) 1:00 Karaoke 1:30 Water Fitness/Aqua Yoga 2:00 Chess Clinic	9:15 Intermediate Level Spanish 10:00 Watercolor Painting (Full) 10:00 Sound-Art Installation: This Breathing House 10:00 One on one Tech Lab w/Jerry 10:30 Hebrew Reading Course 11:00 Singing Through the Seasons 11:30 Hebrew Short Stories (H) 1:00 Book Club (H-Full) 1:00 Group Chat w/Carmen (Canceled) 1:00 Chair Yoga w/Tasneem	9:00 Stay Well Exercise (H) 10:00 Spanish Language Current Events 10:00 Ping Pong 10:00 Nutrition Lecture/Demo: Pumpkin White Bean Hummus 10:00 Sound-Art Installation: This Breathing House 11:00 Current Events with Sharon 12:45 Friday Flicks: The Painted Veil (2006) Rated PG-13
9 9:00 Stay Well Exercise (H) 9:30 Conversational Spanish for Beginners 10:00 Oil Painting with Daniel Hauben 10:00 Lecture: "Ukulele Ike: Singer, Actor and the Voice of Jiminy Cricket" 10:00 Chess Clinic 10:45 Open Chat with Karl 12:30 Mah Jongg (Intermediate) 1:00 Group Workshop w/Nava and Melissa 1:00 Bingo 2:00 Poetry Workshop	10 December Birthday Party 9:45 Mah Jongg (Advanced) (Canceled) 10:00 One on One Tech Lab w/Jerry 10:00 Painting Class 10:00 Tai Chi with Steve 10:30 Art Explorations 11:30 Hebrew Short Stories (H) 12:30 Beginners Mah Jongg (Full) (Canceled) 1:00 Knitting with Barbara 1:00 Brain Games/Charades with Marv 1:15 Entertainment: Mesha	9:00 Tech Class w/Trinity 10:00 Chair Aerobics w/Stuart 10:00 Ping Pong 12:30 Mah Jongg (Intermediate) 12:30 Teal Room Bake Sale 1:00 Karaoke 1:30 Water Fitness/Aqua Yoga 2:00 Chess Clinic	12 Jewelry Sale 9:15 Intermediate Level Spanish 10:00 Watercolor Painting (Full) 10:00 One on one Tech Lab w/Jerry 10:30 Hebrew Reading Course (Canceled) 11:00 Singing Through the Seasons 11:30 Hebrew Short Stories (H) 1:00 Group Chat w/Carmen 1:00 Chair Yoga w/Tasneem	9:00 Stay Well Exercise (H) 10:00 Spanish Language Current Events 10:00 Ping Pong 10:00 Nutrition Lecture: 10 Food for Health 11:00 Current Events with Sharon 12:45 Friday Flicks: Because I Said So (2007) Rated PG-13
9:00 Stay Well Exercise (H) 9:30 Jacob's Schmooze (H) 9:30 Conversational Spanish for Beginners 10:00 Oil Painting with Daniel Hauben 10:00 Chess Clinic 10:45 Open Chat with Karl 12:30 Mah Jongg (Intermediate) 1:00 Group Workshop w/Nava and Melissa 1:00 Bingo 2:00 Poetry Workshop	9:00 Chair Aerobics with Stuart 9:45 Mah Jongg (Advanced) 10:00 One on One Tech Lab w/Jerry 10:00 Painting Class 10:00 Tai Chi with Steve 10:30 Art Explorations 11:30 Hebrew Short Stories (H) 12:30 Beginners Mah Jongg (Full) 1:00 Knitting with Barbara 1:00 Brain Games/Charades with Marv	18 Trip: Ridge Hill Mall 9:00 Tech Class w/Trinity 10:00 Chair Aerobics w/Stuart 10:00 Ping Pong (Canceled) 10:00 Senior Scams Workshop 10:45 Women's Group w/Lucy 12:30 Mah Jongg (Intermediate) 1:00 Karaoke 1:30 Water Fitness/Aqua Yoga 1:30 Food Pantry 2:00 Chess Clinic	19 Hanukkah Party 9:15 Intermediate Level Spanish 10:00 Watercolor Painting (Full) 10:00 One on one Tech Lab w/Jerry 10:30 Hebrew Reading Course (Canceled) 11:30 Hebrew Short Stories (H) 1:00 Group Chat w/Carmen (Canceled) 1:00 Chair Yoga w/Tasneem (Canceled) 1:15 Hanukkah Entertainment: Dr. David Podles	20 Trip: Walmart 9:00 Stay Well Exercise (H) 10:00 Spanish Language Current Events 10:00 Ping Pong 10:00 Intergenerational Discussion 11:00 Current Events with Sharon 12:45 Friday Flicks: The Holiday (2006) Rated PG-13
9:00 Stay Well Exercise (H) 9:30 Conversational Spanish for Beginners 10:00 Oil Painting with Daniel Hauben 10:00 Advisory Council Meeting 10:00 Chess Clinic 10:45 Open Chat with Karl 12:30 Mah Jongg (Intermediate) 1:00 Group Workshop w/Nava and Melissa (Canceled) 1:00 Bingo 2:00 Poetry Workshop	24 CLOSING AT 1:00 PM 9:45 Mah Jongg (Advanced) 10:00 One on One Tech Lab w/Jerry 10:00 Painting Class 10:00 Tai Chi with Steve 10:30 Art Explorations 11:30 Hebrew Short Stories (H) 12:30 Beginners Mah Jongg (Full) (Canceled) 1:00 Knitting with Barbara (Canceled) 1:00 Brain Games/Charades with Mary (Canceled)	Center Closed for the Holiday	26 9:15 Intermediate Level Spanish 10:00 Watercolor Painting (Full) 10:00 One on one Tech Lab w/Jerry 10:30 Hebrew Reading Course 11:30 Hebrew Short Stories (H) 1:00 Group Chat w/Carmen (Canceled) 1:00 Chair Yoga w/Tasneem (Canceled)	27 New Year's Party 9:00 Stay Well Exercise (H) 10:00 Spanish Language Current Events (Canceled) 10:00 Ping Pong 11:00 Current Events with Sharon (Canceled) 12:45 Friday Flicks (Canceled) 1:15 NYP Entertainment: Manny
9:00 Stay Well Exercise (H) 9:30 Jacob's Schmooze (H) 9:30 Conversational Spanish for Beginners 10:00 Oil Painting with Daniel Hauben 10:00 Chess Clinic 10:45 Open Chat with Karl 12:30 Mah Jongg (Intermediate) 1:00 Group Workshop w/Nava and Melissa (Canceled) 1:00 Bingo 2:00 Poetry Workshop	31 CLOSING AT 1:00 PM 9:00 Chair Aerobics with Stuart 9:45 Mah Jongg (Advanced) 10:00 One on one Tech Lab w/Jerry 10:00 Painting Class 10:00 Tai Chi with Steve 10:30 Art Explorations 11:30 Hebrew Short Stories (H) 12:30 Beginners Mah Jongg (Full)(Canceled) 1:00 Knitting with Barbara (Canceled) 1:00 Brain Games/Charades with Marv (Canceled)			Lunch Daily at 11:45 a.m. Dining Room Seating Begins at 11:30 a.m. PLEASE HONOR OUR LAST CALL FOR LUNCH TIME: 12:30 p.m. KEY: H = Hybrid