

Pool Schedule

Fall 2024*

SUN	MON	TUE	WED	THU	FRI
7-8 AM Lap Swim Only	5:30-9 AM Lap Swim Only	5:30-9 AM Lap Swim Only	5:30-9 AM Lap Swim Only	5:30-9 AM Lap Swim Only	5:30-9 AM Lap Swim Only
8-8:45 AM Lap Swim & Limited Open Swim	9 AM-12:45 PM Lap & Open Swim	9 AM-12:45 PM Lap & Open Swim	9 AM-12:45 PM Lap & Open Swim	9 AM-12:45 PM Lap & Open Swim	9 AM-12:45 PM Lap & Open Swim
8:45 AM-2:30 PM Closed for Group Swim Lessons	12:45-1:15 PM Closed for Cleaning	12:45-1:15 PM Closed for Cleaning	12:45-1:15 PM Closed for Clean	12:45-1:15 PM Closed for Cleaning	12:45-1:15 PM Closed for Cleaning
2:30-4:15 PM Lap & Open Swim	1:15-2:30 PM Lap Swim	1:15-3:30 PM Lap & Open Swim	1:15-2:30 PM Older Adult Center Only	1:15-4 PM Lap & Open Swim	1:15-2:30 PM Lap Swim
4:30 PM-5:45 PM Women Only Swim	1:30-2:15 PM Aqua Fitness	3:30-5:30 PM Open Swim & Group Lessons	2:30-4 PM Lap & Open Swim	4-5:30 PM Open Swim & Group Lessons	1:30-2:15 PM Aqua Yoga
	2:30-3:30 PM Lap & Open Swim	5:30-7:30 PM Lap Swim & Swim Team	4-5:30 PM Group Swim & Open Swim	5:30-7:30 PM Lap Swim & Swim Team	2:30-4:00 PM Lap & Open Swim
	3:30-5:30 PM Open Swim & Group Lessons	7:30-8:45 PM Lap & Open Swim	5:30-7:30 PM Lap Swim & Swim Team	7:30-8:45 PM Lap & Open Swim	4-4:30 PM Open Swim & Kids Space
	5:30-7:30 PM Lap Swim & Swim Team		7:30-8:45 PM Lap & Open Swim		4-6:00 PM Lap & Open Swim
	7:30-8:45 PM Lap & Open Swim				

* SUBJECT TO CHANGE. PLEASE REFER TO THE RIVERDALE Y APP FOR THE MOST UP-TO-DATE SCHEDULE & TO MAKE YOUR RESERVATION.