



MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>LUNCH SERVED EVERY DAY AT 11:45 AM</p>			<p>3/1 9:15 Come Alive Exercise 10:00 Chorus 1:00 Friday Schmooze</p>
<p>3/4 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Computer Class 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Discussion Group</p>	<p>3/5 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Health Lecture 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie 1:00 Digital Photography</p>	<p>3/6 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Lecture</p>	<p>3/7 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 Lecture 10:30 Computer Class 10:00 Creative Writing 11:00 Hebrew Short Stories 1:00 Short Stories 1:00 Café Europa Concert</p>	<p>3/8 9:15 Come Alive Exercise 10:00 Chorus 10:15 DVD Art 1:00 Friday Schmooze</p>
<p>3/11 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Computer Class 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Discussion Group 1:00 Brain Games/Charades</p>	<p>3/12 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Discussion 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 11:45 BIRTHDAY PARTY FOR FEB & MAR 1:00 Dancing</p> 	<p>3/13 9:15 Come Alive Exercise 9:30 Tai Chi –New 10:15 Water Aerobics 10:30 Functional Movement 10:30 Trip 10:30 Blood Pressure Screening 10:30 Computer Class 10:45 Current Events with Professor Heller 12:45 Art Lecture & power Point 1:00 Womens' Discussion Group 1:00 Bingo</p>	<p>3/14 9:15 Come Alive Exercise 10:00 Creative Writing 10:30 Lecture 10:30 Chair Yoga New 10:30 Computer Class 11:00 Hebrew Short Stories 12:45 General Membership Meeting 1:00 Short Stories</p>	<p>3/15 9:15 Come Alive Exercise 9:30 Tai Chi - New 10:00 Chorus 10:30 Nutrition Lecture 1:00 Friday Schmooze 1:00 Bliss Fit</p>
<p>3/18 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Computer Class 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Discussion Group</p>	<p>3/19 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Computer Class 10:30 Lecture 10:30 Functional Movement 11:00 Hebrew Club 1:00 Concert</p>	<p>3/20 9:15 Come Alive Exercise 9:30 Tai Chi 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Book Discussion 1:00 Bingo</p>	<p>3/21 9:15 Come Alive Exercise 10:00 Creative Writing - New 10:30 Bliss Fit 10:30 Law and Order Court Room Drama 10:30 Computer Class 11:00 Hebrew Short Stories 1:00 Short Stories 1:00 Concert</p>	<p>3/22 9:15 Come Alive Exercise 9:30 Tai Chi 10:00 Chorus 10:00 Lecture 1:00 Friday Schmooze</p>
<p>3/25 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Computer Class 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Discussion Group</p>	<p>3/26 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:00 Advisory Meeting 10:30 Interactive Discussion 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie 1:00 Social Media</p>	<p>3/27 9:15 Come Alive Exercise 9:30 Tai Chi 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Womens' Discussion Group 1:00 Bingo 1:00 Discussion</p>	<p>3/28 9:15 Come Alive Exercise 10:00 Creative Writing 10:00 Trip 10:30 Chair Yoga 10:30 Computer Class 10:30 Court Room Drama Program 11:00 Hebrew Short Stories 1:00 Book Club</p>	<p>3/29 9:15 Come Alive Exercise 9:30 Tai Chi 10:00 Chorus 10:00 Lecture 12:45 Ceramics New 1:00 Friday Schmooze</p>