



Riverdale Y Athletics Department

Values and Expectations for Players and Parents

The purpose of the Riverdale Y Athletics program is to foster the growth and development of each athlete's skills, self-confidence, and character in a supportive, positive, community-building environment.

What we expect from the Players:

1. **Kavod – Respect:** Judaism teaches us to treat ourselves and others with respect, including strangers. Kavod is a feeling of regard for the rights, dignity, feelings, wishes and abilities of others.
2. **Lev Tov - Big Hearted:** When you are playing a sport at the Riverdale Y, you will meet a lot of people you have never met before. Being on a team teaches you to bring others into your lives and learn to play and progress together.
3. **Being a team player:** Sometimes it's not about just individual success. Seeing your teammates grow is just as satisfying as seeing yourself grow as an athlete. We also expect each player to respect their opponents as if they are their own teammates.
4. **Respect the referees:** The referees are working hard to call a fair game. If you disagree with a call, you should talk to your coach about it and not the referee. Arguing or complaining about the referees' calls will result in a technical foul or penalty. If this happens more than once in a game, the will be ejected from the game.
5. **Do your best and have fun!**

What we expect from the Parents/Guardians:

1. **Be Supportive:** In order to develop and grow each athlete's confidence and skill, we want to create the most positive and supportive environment. Not only do we ask you to support the growth of your child and your child's team, but also to support the growth of every other athlete in the program.
2. **Cheering on the Athletes:** We encourage everyone to cheer for all of our athletes. At the same time, in order to help them hear "one voice" (i.e., their coach) and not get distracted or confused, we ask that you do not shout instructions during the game.
3. **Backing the Coaches:** All teams will be coached by our Riverdale Y coaching staff. If you have any suggestions or comments for the coaches, please save them until after the game.
4. **Staying Positive:** In order to maintain a positive environment, we need you to respect our players, coaches, and referees at all times. Failure to do so may result in a technical foul or penalty, which will be assessed against your child's team. Any spectator that is not creating a positive and supportive learning environment will be asked to leave.

I understand and agree to the values and expectations above:

Athlete's name _____ Signature _____ Grade ____

Parent/Guardian name _____ Signature _____