

NOVEMBER 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p>OPEN SUNDAY</p> <p>Nov. 18, 2018 Doors Open at 9:00 am 10 am Movie –Three Identical Strangers 10—12 noon Boutique Sale 11:45 am Lunch 1:00 pm Dancing with Gary Lovett, Las Vegas show time, Oldies, Latin, Motown</p> | <p>LUNCH SERVED EVERYDAY AT 11:45 AM</p> |  | <p>11/1 9:15 Come Alive Exercise 10:00 Jewelry Class 10:30 Bliss Fit 10:30 Lecture & Power Point 11:00 Israeli Short Stories 12:45 Bingo 1:00 Short Stories 1:00 Entertainment</p> | <p>11/2 9:15 Come Alive Exercise 10:00 Chorus Hudson River Voices 10:00 DVD 1:00 Friday Schmooze</p> |
| <p>11/5 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 12:45 Knitting Class 1:00 Brain Games</p> | <p>11/6 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Lecture 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie</p> | <p>11/7 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Computer Class 12:45 Lecture</p> | <p>11/8 9:15 Come Alive Exercise 10:00 Baking Class 10:00 Jewelry Class 10:30 Health Lecture 11:00 Israeli Short Stories 12:45 Bingo 1:00 Short Stories</p> | <p>11/9 9:15 Come Alive Exercise 10:00 Chorus Hudson River Voices 10:00 DVD 1:00 Friday Schmooze 1:00 Bliss Fit</p> |
| <p>11/12 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 12:45 Menu Meeting 1:00 Brain Games</p> | <p>11/13 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Panel Discussion 10:30 Functional Movement 11:00 Hebrew Club 11:45 BIRTHDAY PARTY 1:00 Dancing 1:00 Digital Photography 1:00 Hadassah Program on Israel</p>  | <p>11/14 9:15 Come Alive Exercise 10:00 Medicare Lecture 10:00 Trip 10:15 Water Aerobics 10:30 Blood Pressure Screening 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Computer Class 1:00 Women's Discussion Group 1:00 Jewelry Fashion Show</p> | <p>11/15 9:15 Come Alive Exercise 10:00 Baking Class 10:00 Improv 10:30 Bliss Fit 11:00 Israeli Short Stories 12:45 Bingo 1:00 Short Stories 1:00 Concert</p> | <p>11/16 9:15 Come Alive Exercise 10:30 Lecture 1:00 Friday Schmooze</p> |
| <p>11/19 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 12:45 Discussion 1:00 Brain Games</p> | <p>11/20 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Interactive Program 10:30 Functional Movement 11:00 Hebrew Club 11:45 Thanksgiving Luncheon 1:00 Concert</p> | <p>11/21 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Computer Class 12:45 Art Lecture & Slides</p> | <p>11/22 THANKSGIVING DAY CLOSED</p>  | <p>11/23 CLOSED</p> |
| <p>11/26 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 12:45 Music Program 1:00 Brain Games 1:00 Lecture Music Clips</p> | <p>11/27 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:00 Advisory Board Meeting 10:30 Lecture & Slides 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie 1:00 Digital Photography 1:00 Balance Assessments</p> | <p>11/28 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Computer Class 1:00 Women's Discussion Group 1:00 Historical Trivia</p> | <p>11/29 9:15 Come Alive Exercise 10:00 Baking Class 10:00 Improv 10:30 Nutrition Lecture 11:00 Israeli Short Stories 12:45 Bingo 1:00 Book Club 1:00 Harmonica Lesson</p> | <p>11/30 9:15 Come Alive Exercise 10:00 Chorus Hudson River Voices 10:00 DVD 1:00 Discussion</p> |