

JUNE 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH SERVED EVERYDAY AT 11:45 AM				
6/3 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:00 Meditation 10:15 Water Aerobics 10:30 Computer Class 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 12:45 Discussion Group 1:00 Brain Games/Charades 1:00 Caregiver Support Group	6/4 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Nutrition Quick Chats Table 10:30 Lecture Power Point & Slides 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie	6/5 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Show	6/6 8:30 Trip 9:15 Come Alive Exercise 10:00 Baking Class 10:30 Computer Class 10:30 Bliss Fit 11:00 Israeli Short Stories 1:00 Café Europa Concert	6/7 9:15 Come Alive Exercise 10:00 Chorus 1:00 Friday Schmooze
6/10 CLOSED 	6/11 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Nutrition Quick Chats Table 10:30 Lecture 10:30 Lecture Power Point & Slides 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 12:45 Concert	6/12 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 11:45 Discussion Before Lunch 1:00 Bingo 1:00 Women's Discussion Group	6/13 9:15 Come Alive Exercise 10:00 Baking Class 10:30 Trivia Class 10:30 Computer Class 10:30 Chair Yoga 10:30 Blood Pressure Screening 11:00 Israeli Short Stories 1:00 Concert Self Help	6/14 9:15 Come Alive Exercise 10:00 Chorus 11:45 Trip 1:00 Friday Schmooze
6/17 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:00 Meditation 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Computer Class 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 12:45 Discussion Group 1:00 Brain Games/Charades 1:00 Caregiver Support Group	6/18 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Lecture 10:30 Nutrition Quick Chats Table 10:30 Computer Class 10:30 Lecture Power Point & Slides 10:30 Functional Movement 11:00 Hebrew Club 11:45 BIRTHDAY PARTY CELEBRATION 1:00 Dancing 	6/19 9:15 Come Alive Exercise 10:00 Health Lecture 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 12:45 Art Lecture and Slides 1:00 Bingo	6/20 9:15 Come Alive Exercise 10:00 Baking Class 10:30 Computer Class 10:30 Lecture 10:30 Bliss Fit 11:00 Israeli Short Stories 12:45 Beading Class New 12:45 Lecture and Demonstration	6/21 9:15 Come Alive Exercise 10:00 Dessert Reception 11:00 Chorus Concert 1:00 Friday Schmooze
6/24 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:00 Meditation 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Computer Class 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 12:45 Discussion Group 1:00 Brain Games/Charades 1:00 Caregiver Support Group	6/25 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Historical Trivia 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie	6/26 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:30 Computer Class 10:30 Trip 10:30 Trivia Class 10:45 Current Events with Professor Heller 12:45 Court Room Drama 1:00 Women's Discussion Group 1:00 Bingo	6/27 9:15 Come Alive Exercise 10:00 Baking Class 10:30 Chair Yoga 10:30 Discussion 11:00 Israeli Short Stories 12:45 Beading Class 12:45 Discussion 12:45 Book Club	6/28 9:15 Come Alive Exercise 10:30 Concert 1:00 Friday Schmooze